Title: Leadership in Athletic Coaches
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The purpose of this study is to examine excellent leadership in a coach as potentially
exemplified by two wrestling coaches, both widely recognized for their success and
effectiveness. The leadership of the two coaches will be assessed using the principles
found in the Transformational Leadership Theory, the Attribution Theory of
Achievement Motivation, and the Self-efficacy Belief construct, a component of Social
Cognitive Theory.
The following three major questions guided this qualitative study: (a)
Transformational theory posits that leaders are charismatic, show strong morals and
values, set high standards and motivate, and make their followers want to emulate
them. Therefore, this research will determine whe 1 1.62 345.-(108
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the coach-efficacy?

The former wrestlers of the two coaches were the first group to be interviewed.
These interviews were done in two stages. The first stage of interviews was
conducted over the phone. The second stage of interviews was at predetermined
locations.